Pathways: Understanding & Disclosing

Disability Training

Framework: **Youth Development**
- **Disability Awareness** – Explore here first!
  - Tip Sheet 2.2 for youth – Learning and sharing about my disability
  - Lesson Plan 2.2 – Organizing my thoughts about & understanding of my disability

Framework: **Relationships**
- **Friendships** – Explore here first!
  - Tip Sheet 5.1 for youth – Reflect on friendship, what feels good, what you want from friends & how you want to be a friend.
  - Lesson Plan 5.1 – Friendships are part of a youth’s circles of support. Identify important characteristics of positive, healthy friendships.
- **Sense of Belonging** – Explore here first!
  - Tip Sheet 5.2 for youth – Connect with activities & community groups. Reflect on how it makes you feel to connect and what it teaches you about yourself.
  - Lesson Plan 5.2 – Identify with students where they “belong” and explore more options for community & school groups that might promote a sense of belonging.