

Want to know more about Transition Discoveries as a framework for positive outcomes?

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**TRANSITION  
DISCOVERIES**  
Your Voice · Your Story · Your Future

## Pathways: Self-Advocacy & Workplace Readiness Skill Training

1

### Framework: [Transition Planning](#)

- [Significant Role of School Personnel](#) – Explore here first!
  - [Tip Sheet 1.4 for youth](#) – My accommodations & inviting supportive adults to be part of my transition planning
  - [Lesson Plan 1.4](#) – Understanding specific roles of school personnel & what they can do to support transition planning
- [Independent & Community Living](#) – Explore here first!
  - [Tip Sheet 1.3 for youth](#) – Learning to stay healthy on my own – body & mind & participating in community organizations

2

### Framework: [Youth Development](#)

- [Disability Awareness](#) – Explore here first!
  - [Tip Sheet 2.2 for youth](#) – Learning and sharing about my disability
  - [Lesson Plan 2.2](#) – Organizing my thoughts about & understanding of my disability
- [Self-Awareness](#) – Explore here first!
  - [Community Web Activity](#)
  - [Tip Sheet 2.1 for youth](#) – Finding my pride, confidence & joy.
  - [Lesson Plan 2.1](#) – Identifying my strengths & areas of growth
  - [Teen Friendships Tip Sheet](#)
  - [Carly's Self-Care Tips](#)
- [Self-Determination Skill Development](#) – Explore here first!
  - [Escape Room Activity](#)
  - [Tip Sheet 2.4 for youth](#) – Brainstorming what decisions I want to make, things I want to try & where I can seek out more responsibility
  - [Lesson Plan 2.4](#) – Assessing Self-Determination Skills & practicing choice making skills
- [Significant Role of Adults](#) – Explore here first!
  - [Tip Sheet 2.8 for youth](#) – Naming the supportive & important adults in my life + what they do
  - [Lesson Plan 2.8](#) – Making a presentation about the significance of important adults in my life

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Framework: [Family Engagement](#)

- [Family Engagement in Transition Planning](#) – Explore here first!
  - [Tip Sheet 4.1 for youth](#) - Learning with my family to build stronger connections