Pathways: Youth Centered Work Based Learning Coaching & Preparation

Participate in work tasks in a community integrated work environment of interest.

Framework: **Youth Development**
- **Significant Role of Adults** – Explore here first!
  - **Tip Sheet 2.8 for youth** – Naming the supportive & important adults in my life + what they do
  - **Lesson Plan 2.8** – Making a presentation about the significance of important adults in my life

Framework: **Independent Living & Community Engagement**
- **Travel & Transportation Skills** – Explore here first!
  - **Tip Sheet 6.3 for Youth** – Learn about options & practice skills for the many ways you can get around your community.
  - **Lesson Plan 6.3** – Facilitate exploration of different transportation services & their pros/cons as youth plan to get to specific places of interest in their community.

Identify and practice work appropriate behaviors

Framework: **Youth Development**
- **Self-Management Skill Development** – Explore here first!
  - **Tip Sheet 2.5 for youth** – Connect to get skills to manage emotions, develop your own schedule & learn to be flexible with managing your time.
  - **Lesson Plan 2.5** – Focus on maintaining good health, managing stress & being accountable
Pathways: Youth Centered Work Based Learning Coaching & Preparation

Framework: Independent Living & Community Engagement

- Mental Health Supports – Explore here first!
  - Tip Sheet 6.8 for youth – Find and connect to resources and trusted advice about managing stress + emotions in your life and on the job.
  - Lesson Plan 6.8 – Support youth to develop a clear understanding of mental health & what strategies or supports work for them to find balance.
  - Tip Sheet 7.4 for youth – Make a plan to stay in contact with agency staff you connected with during high school for adult services after high school.